



# Sheltie Showdown



A publication of the Central Indiana Shetland Sheepdog Club

November 2016

## Club Meetings

Our membership meetings are held at 7:30 p.m. at Camp Bow Wow, 10830 Pendleton Pike, Indianapolis, IN 46236. Camp Bow Wow is just past North German Church Rd.

### Next Meeting November 4th

Program: Jamie Young, D.V.M., PhD, will give a presentation on vaccination protocols.

President: Carole Creech

Vice President: Linda Lee

Treasurer: Doug McKee

Recording Secretary: Cheryl Sharp

Corresponding Secretary: Kathy McKee

### Board of Directors

Elizabeth "Babs" Beck, Becky Hamm

Kathleen Morpew, Kathy Underwood

### Standing Committees

Agility Trial: Babs Beck

Education: Linda Lee

Equipment: Doug McKee

Judges Selection: Carole Creech

Legislative: Carole Creech

Membership: Kathy McKee

Obedience Trial: Kathy Underwood

Policies & Constitution: Cheryl Sharp

Sheltie Info Line: Becky Hamm

Showdown: Carole Creech

Specialty Show: Cheryl Sharp

Website: Carole Creech

## 2016 Upcoming Events

### Agility Trial

November 19-20, 2016

Pawsitive Partners Dog

Training Center

Beech Grove, IN

## 2017 CISSC Upcoming Events

### Specialty Shows

#### Back-to-Back

May 13, 2017

Johnson County Fairgrounds

Franklin, IN

Sweeps - A.M.: Gael Silverman

A.M. Judge: Kim Schive

P.M. Judge: Yvonne Defreitas



## FRUITS & VEGETABLES DOGS CAN AND CAN'T EAT

As dog owners, it's not uncommon to want to spoil your four-legged family members by sharing table scraps or your favorite snack with them. After all, if it is safe for you to eat, it must be OK for them as well, right? Not necessarily. While many human foods, especially fruits and vegetables, are perfectly safe, some are very unhealthy and downright dangerous to dogs. Dogs digest differently than humans, and eating the wrong foods can lead to long-term health problems and, in extreme cases, even death. As carnivores, they have no need for fruits and vegetables as part of their diet, but an occasional fruit or veggie as a treat is OK.

But that doesn't mean all [human food is off limits for dogs](#). Read below to find out which fruits and vegetables are OK for sharing in moderation and which should be kept on your plate.

- **Apples** – Yes. Apples are an excellent source of vitamins A and C, as well as fiber for your dog. They are low in protein and fat, making them the perfect snack for senior dogs. Just be sure to remove the seeds and core first. Try them frozen for an icy warm weather snack.
- **Asparagus** – No. While asparagus isn't necessarily unsafe for dogs, there's really no point in giving it to them. It's too tough to be eaten raw, and by the time you cook it down so it's soft enough for dogs to eat, asparagus loses the nutrients it contains. If you're determined to give your dogs vegetables, go for something that will actually benefit them.
- **Avocado** – No. While avocado may be a healthy snack for dog owners, it should not be given to dogs at all. The pit, skin and leaves of avocados contain Persin, a toxin that often causes vomiting and diarrhea in dogs. The fleshy inside of the fruit doesn't have as much Persin as the rest of the plant, but it is still too much for dogs to handle.
- **Bananas** – Yes. In moderation, bananas are a great low-calorie treat for dogs. They're high in potassium, vitamins, biotin, fiber, and copper. They are low in cholesterol and sodium, but because of their high sugar content, bananas should be given as a treat, not part of your dog's regular diet.
- **Blueberries** – Yes. Blueberries are a superfood rich in antioxidants, which prevent cell damage in humans and canines alike. They're packed with fiber and phytochemicals as well. Teaching your dog to catch treats in the air? Try blueberries as an alternative to store-bought treats.
- **Broccoli** – Yes, broccoli is safe for dogs to eat in very small quantities and is best served as an occasional treat. It is high in fiber and vitamin C and low in fat. On the surface, this makes it an appealing choice for dog owners looking for a healthy dog treat, but broccoli also contains a potentially harmful ingredient. Broccoli florets contain isothiocyanates, which can cause mild-to-potentially-severe gastric irritation in some dogs. Also, broccoli stalks have been known to cause obstruction in the esophagus.
- **Carrots** – Yes. Carrots are an excellent low-calorie snack that is high in fiber and beta-carotene, which produces vitamin A. Plus, crunching on the orange snacks is great for your dog's teeth.
- **Celery** – Yes. In addition to vitamins A, B, and C, this crunchy green snack contains the nutrients needed to promote a healthy heart and even fight cancer. As if that wasn't enough, celery also known to freshen doggy breath.
- **Cherries** – No. With the exception of the fleshy part around the seed, cherry plants contain cyanide and are toxic to dogs. Cyanide disrupts cellular oxygen transport, which means that your dog's blood cells can't get enough oxygen. If your dog eats cherries, be on the lookout for dilated pupils, difficulty breathing, and red gums, as these may be signs of cyanide poisoning.
- **Cucumbers** – Yes. Cucumbers are especially good for overweight dogs, as they hold little to no carbohydrates, fats, or oils and can even boost energy levels. They're loaded with vitamins K, C, and B1, as well as potassium, copper, magnesium, and biotin.
- **Grapes** – No. Grapes and raisins have proved to be very toxic for dogs no matter the dog's breed, sex, or age. In fact, grapes are so toxic that they can lead to acute sudden kidney failure. Definitely skip this dangerous treat.
- **Mango** – Yes. This sweet summer treat is packed with four, yes *four* different vitamins: vitamins A, B6, C, and E. They also have potassium and both beta-carotene and alpha carotene. Just remember, as with most fruits, to remove the hard pit first, as it

contains small amounts of cyanide and can become a choking hazard.

- **Mushrooms** – No. Wild mushrooms can be toxic for dogs. While only 50 to 100 of the 50,000 mushroom species worldwide are known to be toxic, the ones that are can really hurt your dog or even lead to death. Washed mushrooms from the supermarket could be OK, but it's better to be safe than sorry; skip out on the fungi all together.
- **Onions** – No. Onions, leeks, and chives are part of a family of plants called Allium that is poisonous to most pets, especially cats. Eating onions can cause your dog's red blood cells to rupture, and can also cause vomiting, diarrhea, stomach pain, and nausea. Poisoning from onions is more serious in Japanese breeds of dogs such as [Akitas](#) and [Shiba Inus](#), but all dogs are very susceptible to it.
- **Oranges** – Yes. Small dogs can have up to 1/3 of a full-size orange, while large dogs can eat the whole thing. While the peel isn't toxic to them, vets recommend tossing the peel and just giving your dog the inside of the orange, minus the seeds, as the peel is much more rough on their digestive systems than the fleshy inside of the orange.
- **Peaches** – Yes. Small amounts of cut-up peaches are a great source of fiber and vitamin A, and can even help fight infections, but just like cherries, the pit does contain cyanide. As long as you completely cut around the pit first, fresh peaches can be a great summer treat – just not canned peaches, as they usually contain high amounts of sugary syrups.
- **Pears** – Yes. Pears are a great snack because they're high in copper, vitamins C and K, and fiber. It's been suggested that eating the fruit can reduce the risk of having a stroke by 50 percent. Just be sure to cut pears into bite-size chunks and remove the pit and seeds first, as the seeds contain traces of cyanide.
- **Pineapple** – Yes. A few chunks of pineapple is a great sweet treat for dogs as long as the prickly outside is removed first. The tropical fruit is full of vitamins, minerals, and fiber. It also contains bromelain, an enzyme that makes it easier for dogs to absorb proteins.
- **Potatoes** – Yes. It's fine to give your dog plain potatoes every once and a while, but only if they're cooked, as raw potatoes can be rough on the stomach. A washed, peeled, plain, boiled, or baked potato contains lots of iron for your pet. Avoid

mashed potatoes because they often contain butter, milk, or seasonings.

- **Raspberries** – Yes. Raspberries are fine in moderation. They contain antioxidants that are great for dogs. They're low in sugar and calories, but high in fiber, manganese, and vitamin C. Raspberries are especially good for senior dogs because they have anti-inflammatory properties, which can help take pain and pressure from joints. However, they do contain slight amounts of the toxin Xylitol, so limit your dog to less than a cup of raspberries at a time.
- **Strawberries** – Yes. Strawberries are full of fiber and vitamin C. Along with that, they also contain an enzyme that can help whiten your dog's teeth as he or she eats them. They are high in sugar though, so be sure to give them in moderation.
- **Sweet potatoes** – Yes. Sweet potatoes are packed with nutrients, including fiber, beta carotene, and vitamins B-6 and C. Just like with regular potatoes, only give your dog washed, peeled, cooked, and unseasoned sweet potatoes that have cooled down, and definitely avoid sugary sweet potato pies and casseroles.
- **Tomatoes** – No. While the ripened fruit of the tomato plant (the red part humans normally eat) is generally considered safe for dogs, the green parts of the plant contain a toxic substance called solanine. While a dog would need to eat a large amount for it to make him or her sick, it's better to skip tomatoes all together just to be safe.
- **Watermelon** – Yes. It's important to remove the rind and seeds first, as they can cause intestinal blockage, but watermelon is otherwise safe for dogs. It's full of vitamin A, B-6, and C, as well as potassium. Watermelon is 92 percent water, so it's a great way to keep your dog hydrated on hot summer days.

*AKC Newsletter, October 2016*



## 5 Hazards You and Your Pup Need to Be Aware of This Fall

Link AKC - September 21, 2016

### Health & Fitness

Fall is a great time to get out of the house and exercise with your dog. The cool weather is ideal for long walks, leaf-peeping hikes, and epic games of fetch. As you venture out into the wild outdoors (or you know, your own backyard) keep these common Fall hazards in mind in order to keep your pup safe and happy all season long.

#### *Yard Work*

It may be tempting keep your dog with you while you clear the yard of leaves, but proceed with caution. Much like fireworks, the startling noise of a leaf blower has been known to send dogs sprinting in all directions. Keep a close watch on your dog if he or she is on the skittish side, especially if your yard is open to the street. Additionally, stagnant piles of leaves contain all kinds of nasty bacteria. They're fine to play in, but if ingested, they can cause serious problems. Don't let your dog crunch on dead leaves or he could accidentally make himself sick.

#### *Poison Plants*

Speaking of sick puppies, the Fall season brings about some innocuous-looking new plants that are very dangerous for dogs and humans. Two of the biggest offenders in the Fall are red maple leaves, wild mushrooms and fallen chestnuts aka "conkers". Scour your yard for any potential offenders and try to keep an eye on what your dog is up to. Signs of poisoning in dogs include vomiting, diarrhea, weakness, lethargy, excessive drooling, and lack of coordination. Call your vet immediately if your dog exhibits any of these signs after ingesting an unknown plant or save this Pet Poison Helpline in your phone: 800-213-6680.



### *Shorter Days*

Since less sunlight means more walks in the dark, Fall tragically brings about an increase in car-related deaths in both dogs and cats. Please remember to keep your dog on a leash when walking in the dark. Post-work commuters may not see you on the side of the road as well as they did during the summer months. A bright, reflective safety harness is a good idea to help drivers see your pet when the days become shorter.

#### *Vermin*

You may notice an increase in the number of field mice scampering around as the weather gets colder. That's because Fall is a busy time for rodents of America who are searching for shelter and preparing for the cold winter ahead. If your dog is prey driven, keep him or her on a leash whenever possible. Mice and rats carry a variety of diseases such as **salmonella, Hantavirus, leptospirosis, "rat-bite fever"**. Additionally, rodenticides are more common in the Fall, which are almost as poisonous to dogs as they are to rodents. Heed signs that warn of baited and treated areas and steer clear!

#### *Allergies*

Humans aren't the only ones that sniffle and sneeze when the leaves start to Fall. Dying plants and windy days stir up a lot of pollen, plant matter, and other irritants that can bother your pup's sensitive nose. Any dog with an inhibited respiratory system such as bulldogs, Frenchies, and other flat-nosed breeds are particularly prone to allergies. Coughing, wheezing, sneezing, watery eyes, excessive paw licking, rashes, and scratching are all signs that your dog may be suffering from fall allergies. If left untreated, allergies could lead to painful medical conditions so ask your vet for a canine antihistamine if your dog appears uncomfortable. At home remedies that can help milder symptoms include baths with oatmeal shampoo, frequent brushing to keep their coats free of irritants, and adding yucca or coconut oil—both natural anti-inflammatories—to your dog's diet in small doses.

Although these are some of the most common problems Vets deal with during the Autumn months, each one is easily avoidable with a little effort. Share this article to help keep your four-legged friends safe all season long.



**CENTRAL INDIANA SHETLAND SHEEPDOG CLUB**  
**APPLICATION FOR MERIT AWARDS**  
January 1, 2016 - December 31, 2016

**MEMBERS ONLY**

Please fill out the form below to entitle you to your CISSC Merit Award for any of the titles listed below. You must be owner or co-owner of record to qualify for an award on an individual dog.

**PLAQUES:** Awarded for the following accomplishments – successive awards for the same dog will be presented as additional engraved brass plate to be attached to the original plaque – **please indicate if your dog already has a plaque.**

Champion Titles (GCH, CH, MACH, PACH, OTCH, HC, TC)

**CERTIFICATES:**

CD, CDX, UD, UDX, HT, PT, HS, HI, HX, RN, RA, RE, RAE, TD, TDX, VST, NA, NAJ, OA, OAJ, AX, AXJ, MX, MXJ, NAP, NJP, OAP, OJP, AXP, AJP, MXP, MJP, NF, OF, XF, MXF, NFP, OFP, XFP, MFP, NT2B, OT2B, XT2B, NPT2B, OPT2B, XPT2B, MXB, MXS, MXG, MJB, MJS, MJG, MJC, PAX, FTC1, THD, FDC, FM, ONYX)

High in Trial (all breed or specialty show)

Best in Show (all breed or specialty show)

Breeder or an owner for any of the following placements at the National Specialty:  
(BIS, BOS, WD, WB, Award of Merit Winner, HIT)

Breeder of the most Champions within the award year.

Breeder of the most Obedience titled dogs within the award year.

Breeder of the most Agility titled dogs within the award year.

Breeder of the most Herding titled dogs within the award year.

Versatility Award (any dog obtaining 3 titles; i.e. CH, UD, HT, TD, or any combination thereof)

Breeder or Owner of a sire or dam of Merit (Sire=10 CH, Dam=5 CH)

Breeder of Conformation Champion; Breeder of an Agility, Obedience, Tracking or Herding titled Dog

High Combined

Group Placement or Major Win

Placement at a National Specialty Show

Non-regular Obedience Classes: Beginner Novice, Graduate Novice, Graduate Open



CENTRAL INDIANA SHETLAND SHEEPDOG CLUB  
APPLICATION FOR MERIT AWARDS  
January 1, 2016 - December 31, 2016

You must have qualified for an award between the dates of *January 1, 2016 and December 31, 2016*. Please use a separate application for each award for each dog and submit the names and dates of the shows/trials where your dog qualified for the award. ***You must be owner or co-owner of record to qualify for an award on an individual dog except for breeder awards.*** Be sure to clearly print or type this information because this goes to the printer/engraver and must be legible. Return this application to:

Carole Creech, 12945 Fleetwood Drive N., Carmel, IN 46032 or scan form and email to [sassyroo1@yahoo.com](mailto:sassyroo1@yahoo.com). ***DEADLINE FOR SUBMITTING THE APPLICATION FOR MERIT AWARDS IS JANUARY 20, 2017.***

TYPE OF AWARD: \_\_\_\_\_

SHOW & DATE QUALIFIED: \_\_\_\_\_

AKC REGISTERED NAME OF DOG: \_\_\_\_\_

BREEDER: \_\_\_\_\_

SIRE: \_\_\_\_\_

DAM: \_\_\_\_\_

OWNER: \_\_\_\_\_

Please note, if a dog is co-owned and the co-owner wishes a plaque or certificate, a 2nd certificate or plaque can be purchased. **Only one plaque or certificate will be awarded.**