

# Sheltie Showdown



November 2012

A publication of the Central Indiana Shetland Sheepdog Club

#### **Club Meetings – NEW LOCATION!!!**

Our membership meetings are held at Bark Tudor, 2122 Broad Ripple Avenue, Indianapolis, IN 46280. Bark Tudor is located just west of the intersection of Keystone Avenue and Broad Ripple Avenue (62<sup>nd</sup> Street). It is in a strip mall on the north side of the street. Remaining membership meetings for 2012:, Nov. 2<sup>nd</sup>. Board meetings for 2012: Nov. 28th

## November 2<sup>nd</sup> Meeting

Volunteering - ever wonder how you can help needed at our Agility Trials? At the next club meeting, the Agility Committee will discuss the different duties and how to perform them.

# 2012 Officers

President: Kathleen Morphew Vice President: Carole Creech Treasurer: Doug McKee Recording Secretary: Cheryl Sharp Corresponding Secretary: Kathy McKee

#### **Board of Directors**

Jaye Athy Elizabeth "Babs" Beck Linda Lee Kathy Underwood

#### Standing Committees

Agility Trial: Babs Beck Awards: Kathleen Morphew Education: Carole Creech Equipment: Doug McKee Historian: Kathleen Morphew Judges Selection: Carole Creech Legislative: Carole Creech Librarian: Karen Burton Membership: Kathy McKee Policies & Constitution: Cheryl Sharp Sheltie Info Line: Tom Schultz Showdown: Carole Creech Sunshine Committee: Kathleen Morphew Website: Carole Creech Website URL: http://www.cissc.net

### 2012/2013 CISSC Upcoming Events

#### Fall Agility Trial

November 17-18, 2012 Pawsitive Partners Dog Training Center Beech Grove, IN Judge: Arlene Spooner

#### Winter Agility Trial

January 12-13, 2013 Pawsitive Partners Dog Training Center Beech Grove, IN Judge: Keith Harrold

#### **CISSC** Specialty Shows

In conjunction with the Indy Winter Classic, Indiana State Fairgrounds, Indianapolis, IN February 8-9, 2013 Friday Evening Judge - Ellen Worthington Saturday Judge: Liz Bianchi

Obedience & Rally Trials (pending AKC approval)

July 20-21, 2013 Pawsitive Partners Dog Training Center Beech Grove, IN



Watch for events in 2013 as CISSC marks 50 years as an AKC sanctioned club. We plan to celebrate!!!



# **President's Corner**

The Fall Agility Trial is coming up in just 5 weeks. Club members are always welcome to come to the Saturday/Sunday trials as spectators and as workers/volunteers. If you have never been to an Agility Trial before, I can tell you it is great fun to watch the competition - even if you are not following what class you are watching! Agility trials need a lot of workers during the day; if you want more info on what workers do and how to volunteer, come to the November meeting. You will be able to get your questions answered during the program, and you can talk with the Agility Trial Committee members. Hopefully you can become involved! CISSC Agility Trials are the main money maker for the Club, so I hope you can all become involved in some way. In the meantime, you can contact Babs Beck if you have more questions or would like to volunteer now! Set up takes place Friday afternoon and trials are Saturday and Sunday, November 17-18. Tear down is Sunday after the trial ends. I hope to see every one of you during the weekend in one role or another!

> Sincerely, Kathleen Morphew



#### From Babs Beck:

I am proud to announce that Bravo earned his CDX at the Greater Lafayette Kennel Club trial in Lebanon.

I am also proud of Luka (Prelude's Curb Appeal) earned his first recognition, the Canine Good Citizen award, at the CISSC CGC event in August.

#### From Jane Masters:

Teak "Prelude's Protocol" PT, OF, OA, OAJ Lafayette KC - 9/162012 RWD DTCCU Trial - 9/22/2012 Open JWW 1st Place 9/23/2012 Std.Exc. 1st Place Terre Haute KC 9/29/2012 Open JWW 1st Place 9/30/2012 Open JWW 1st Place **New Title** 

Macy "Prelude's Prada" OA, OAJ, NF DTCCU Trial 9/22/2012 Nov. Fast Q - **New Title** 9/23/2012 Exc JWW 1st Place

Payton "Prelude's Wild at Heart" was High in Trial with a 199.5 at the SSC Detroit Specialty - owned by Diane Barrett

#### From Kathy McKee:

Bliss, Coastal Keeara Euphoria MX, MXJ, OF received her Open FAST title at the Derby City agility trials. She also got her first Triple Q that weekend! She had 2 Q's at the Hamilton DTC trials. She had a good weekend at the Indiana Collie Club's agility trial. She had a Double Q on Saturday with a 4th place in Excellent JWW and took 4th place on Sunday in her Excellent JWW run.

Sunny, CH MACH3 Keeara's Glorious Sunrise, PT, OF, VCX got his Open Preferred Standard and his Open Preferred JWW's title with 1st place finishes at the Derby City agility trials. At Hamilton DTC agility trial, he got his Excellent Preferred Standard title with a first place finish. At the Collie Club agility trial he got his Excellent Preferred Jumpers title on Saturday with a first place finish and he Doubled Q on Sunday.

#### From Mike Underwood:

Captain entered his first agility trial and earned two legs towards his Novice Agility Title and two legs toward his Novice Jumpers with Weaves title. He earned them at the Indiana Collie Club Agility trial.



Meet the Members Three CISSC Honorary Lifetime Members



#### Beulah Morphew Dale Stephenson Kathleen (Stephenson) Morphew

Beulah Morphew started a family Sheltie and Sheltie Club tradition when she joined the 500 Shetland Sheepdog Club in 1970. (The name was later changed to Central Indiana Shetland Sheepdog Club to satisfy AKC requirements for becoming a licensed Club.) David and Beulah Morphew's kennel name was Daybu. She had sable, tri, and blue merle Shelties over the next 20 years, taking her last dogs to Florida with her when she moved there in the late 80's. As a member of the club she was an officer, served on the board, and hosted club meetings in her home at Muncie. In addition she was the catalyst for both of her daughters, Donna and Kathleen, and son-in-law Dale to be very involved in the club.

Dale and Kathleen joined Sheltie Club in 1971, the same year their first child David was born. Their first Sheltie was Beau, a sable male that they got from Beulah. That was the only sable they ever owned - moving right to blues and tris. In 1976 they moved to a large home on Central Avenue in the Meridian Kessler neighborhood. This was an area where historically the sugar maple trees grew - where the natives and early settlers tapped for maple syrup. Central Avenue had once been named Sugar Flats Gravel Road, so Dale and Kathleen named their "kennel" Sugar Flats. Their last litter was by Banchory Backstop - 6 puppies so smart and so much fun, including the runt who grew to be a full sized Sheltie, Destiny, who David put an obedience title on. Kathleen's last two dogs have been blue merle ladies - Fancy and Trinket, each very special in their own ways.

From 1971, they became deeply involved in the Club, leading it from fun match status through all of the steps to become an AKC Licensed Club and an ASSA Member Club. These steps brought the club through B and then A Matches and ultimately to a Specialty Club status hosting Specialty Shows. As club members and over the years they made so many friends in the national Sheltie community and according to Kathleen "hold dear so many friendships, with too many people to list."

This journey took part in the 70's - prior to home computers and prior to AKC computerization. Kathleen organized and compiled and typed all membership and club records to present to AKC through this process. These records were sent to AKC annually and included members names and address, along with complete AKC records by member - including all registration information on all dogs currently owned, all show entry records, all titles earned, all registered litters.

Other records compiled and presented along with membership records were records of all club and board meetings, including members and guests present and the programs presented. Through these years Dale was the main communicator with the AKC on other items, such as where our membership lived. The AKC was concerned that many members lived outside of the 25 mile radius from Indianapolis's main post office. His letter convinced the AKC that 25 miles in Indiana was not an impossible distance for members to drive to attend meetings, accompanied by a map of the state indicating where members lived and how many meeting members from Muncie, Bluffton, Whitley County, Columbus, etc., actually attended. Dale was also very active in making certain that the club took part in other activities - often being the main point person for this. When the Disney Channel showed "The Little Shepherd Dog of Catalina Island" on its Sunday evening show, Dale listed it the activities column of the Indianapolis Star along with contact information for people in the Club for more information on Shelties or the Club. (The dog featured in this film is a Sheltie). Dale and Phyllis Muller made two visits as guests on the Rick France show. Rick was Education Chairman for the Indianapolis Zoo and had a weekly show on local TV. For one visit Phyllis took CH. AlnPhyll Whispering Wind - one of the top winning Shelties during those years, and an 8 week old puppy as special guests. When the AKC insisted that the club change its name to indicate a geographical area, Dale was liaison between the AKC and the club members, some of whom were not keen to changing the name.

In 1985 Dale served as Assistant (Local) Show Chairman for the ASSA National Show that we hosted - held at the Adam's Mark Hotel at the airport. Kathleen served as Show Secretary for this National Show - with a great deal of help from club members and other volunteers to do all of the typing and compiling for this show. In addition, at that time, the local host club also hosted a local Specialty Show the same week and site as the National Show. Dale and Kathleen served as Chairman and Secretary for the Club's Specialty Show held the same week. (Dale and Kathleen were both ASSA members at that time.)

In 1991 Kathleen served as Local Show Chairman for the ASSA National Show that we hosted at the Convention Center Downtown.

In addition both Dale and Kathleen have held many offices within our Club. Dale served for many years as President and as Treasurer. Our first two specialty shows were held in conjunction with the Associated Specialty Shows held at the State Fairgrounds. Dale was a club representative to the Associated and joined the Hoosier Kennel Club in an effort to increase our voice in the local dog community. Dale also served on the ASSA board as ASSA Treasurer.

Kathleen has served as President, Vice President, Corresponding Secretary, Recording Secretary, Show Chairman, Show Secretary, and Club Representative to the Associated Specialty Club. In addition, after we became an AKC licensed club, Kathleen presented programs on how to become an AKC licensed Club to several clubs including the Columbus Kennel Club and Kentuckiana Shetland Sheepdog Club to help them in their journey to be AKC Licensed or Member clubs.

Dale and Kathleen remember those being such fun years as a club. During those years club members would load into cars and travel to dog shows to cheer for local dogs being specialed - something we used to do to support all club members. In addition, we traveled with other club members to ASSA National Specialty Shows - Boston, Milwaukee, Des Moines, and Orlando. We have great memories from those shows and the opportunity to meet people from all over the country.

Legendary are the many very memorable after show dinners hosted in their home on North Central Avenue. Club members pitched in food, the club provided the meat and adult beverages. One year there were 76 people who came to this dinner - for which there was no charge and lots and lots of food and drink! It was then decided that reservations were necessary and attendance had to be limited to 75 people! Many things occurred during those dinners that will not be put in print - even these many years later! And some people still find some things that happened at these dinners as unbelievable. Dale and Kathleen hold dear all of the many friends made over the past 41 years, many met for the first time during these dinners!

Among Dale and Kathleen's best memories of these years: hosting the ASSA Board Meeting in their home following the Hoosier Kennel Club Show when a Sheltie had gone Best in Show, entertaining Betty Whelan as a house guest during our shows and becoming a good friend to her, putting together - with the help of the Indianapolis Visitor's Bureau - a multi media presentation which Dale and Phyllis Muller presented in person to the ASSA Board meeting as our bid for the 1985 National Specialty Show.

And then there were the great club activities - one favorite being going to "Wolf Park" every summer. This is officially known as the North American Wildlife Park. The club picnic was often held at Lynn Cameron's home in Battle Ground and we would visit the park as part of the day. One year at Lynn's house we also had an unorganized but planned herding instinct moment with ducks. And then there were the once famous "Not so Silent" Christmas Auctions that helped to make money for the club. These are extremely memorable due to so many of our club members - almost as legendary as the after show dinners! And then there was the limestone Sheltie Show, another great impromptu moment in 1985.

Professionally, Dale is a CPA and consultant. Kathleen is semi-retired from being a Human Resources Information Services – specializing in project lead on system conversions. She now works for H & R Block during the tax season.

# **The Hazards of Trail Walks**

By Jeff Grognet, DVM Edited By Bronwyn Taggart

Dogs face many dangers on a walk through the bush. They can be impaled by sharp branches; they might pick up a tick carrying Lyme disease; they may come face to face with a bear. Most owners who walk on wooded trails agree that, of all potential threats, skunks and porcupines are particularly common.

The noxious smell of a skunk originates from anal sacs, small pouches beside the anus that are similar to those found in dogs. The difference is that skunks can purposely contract the muscles surrounding their sacs, expelling contents with great accuracy, up to 10 feet away. A skunk can spray five times before its sacs are empty. It then takes up to 10 days to replenish the supply.

Fortunately, skunks are reluctant to spray. They try to scare attackers away by hissing, stomping their feet, and raising their tails as a threat. Only if a dog is persistent in harassing the animal, or actually attacks, will a skunk squirt its sac contents.

The other good news is that the fluid is harmless (with the exception of possible minor eye irritation). The odor is the only real issue-it smells like sulfurcontaining chemicals and has been described as a combination of garlic, rotten eggs, and burnt rubber. Any dog owner who has had to deal with a skunk encounter will tell you it's difficult to neutralize the odor, and even more difficult to get it out of dog hair.

Many remedies are touted as the answer to skunk odor, from tomato juice to Listerine mouthwash. But the most effective one is made from hydrogen peroxide, baking soda, and liquid soap. The oxidative potential of peroxide is boosted by the baking soda, which helps dissolve the odorous liquid. The soap then aids in removing it from the hair.

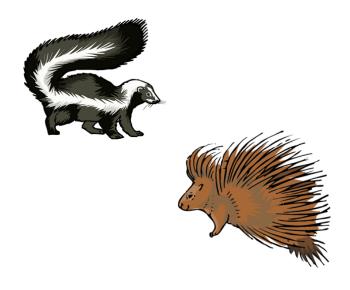
In contrast to skunks, porcupines are a significant health threat to dogs. Contrary to popular belief, the porcupine can't "shoot" its quills into a dog, but the quills do fall out easily. As a dog tries to bite the prickly creature, the quills sink into the attacker's skin and dislodge from the porcupine. Most quills end up in the dog's face and mouth.

Quills are modified hairs, white with black tips. The thick, white part is hollow. The thinner, black part has tiny barbs on it that point backward. When the quill goes into the attacker, it stays in. More importantly, the barbs ensure the quill moves in only one direction-deeper and deeper into the dog. Quills can migrate into the chest, triggering heart and lung infections. They can penetrate joints, causing arthritis. They can even produce paralysis if they find their way to the spinal cord. Quills must be removed while a dog is under anesthesia so they can be pulled out without breakage.

In a five-year study involving 296 "quilled" dogs at the Western College of Veterinary Medicine in Saskatchewan, Canada, those taken in for treatment more than 24 hours after the event were five times more likely to have complications than those presented to a veterinarian within 12 hours. The most common complication was an abscess under the skin from a hidden quill fragment, or damage to an eye or joint.

Of the 296 dogs in the study, 54 were repeat offenders. Given the chance, some dogs will go after porcupines again and again. It's up to you, the owner, to keep your dog safe from these dangerous animals.

Jeff Grognet is a veterinarian in British Columbia, Canada, and the nutrition columnist for AKC FAMILY DOG magazine. Reprinted with permission from the June 2007 AKC Gazette



### Message for women and dogs: keeping ovaries is linked to longevity

WEST LAFAYETTE, Ind. - This year, hundreds of thousands of women and pet dogs will undergo a hysterectomy and have their ovaries removed along with their uterus. Now, two independent research studies looking at longevity may challenge almost four decades of standard operating procedures used in women and in pets.

Research published Tuesday (Dec. 1) shows female dogs that keep their ovaries longer also live longer. The study, exploring the factors that favor successful aging in pet dogs, was conducted by a research team led by David J. Waters, a doctor of veterinary medicine. Waters' work is the first investigation to look for a link between retaining ovaries and reaching exceptional longevity in mammals. Waters is executive director of the Gerald P. Murphy Cancer Foundation, based at the Purdue Research Park of West Lafayette. The Murphy Foundation is home to the Center for Exceptional Longevity Studies, which tracks the oldest living pet dogs in the United States.

The researchers collected and analyzed lifetime medical histories, ages and causes of death for 119 canine "centenarians" - exceptionally longlived Rottweiler dogs living in the United States and Canada that survived to 13 years, which is 30 percent longer than average Rottweilers. These exceptionally long-lived dogs were compared to a group of 186 Rottweilers that had usual longevity, approximately nine years.

"A female survival advantage in humans is welldocumented - women outnumber men by 4:1 among those who reach 100," said Waters, who is associate director of Purdue University's Center on Aging and the Life Course and a professor in the Department of Veterinary Clinical Sciences. "Like women, female dogs in our study had a distinct survival advantage over males. But taking away ovaries during the first four years of life completely erased the female survival advantage. We found that female Rottweilers that kept their ovaries for at least six years were four times more likely to reach exceptional longevity compared to females who had the shortest lifetime ovary exposure.

"Clearly, we have tapped into a unique resource with our Exceptional Longevity Database. We like to think of it as the pet dog equivalent of the New England Centenarian Study. We want to better understand the biology of aging. Our quest to validate pet dogs as a model for the study of healthy human aging is at the core of this research."

Murphy Foundation scientists think it is time to tackle a new set of research questions relevant to the biology behind aging. At the top of the list are identifying ovary-sensitive processes that may influence the rate of aging and defining the critical window of ovary exposure that optimizes longevity.

The pet dog research published in Aging Cell mirrors the findings of the Nurses' Health Study published this summer by Dr. William Parker and colleagues from the John Wayne Cancer Institute in Santa Monica, Calif. Parker's group studied more than 29,000 women who underwent a hysterectomy for benign uterine disease. The findings showed that the upside of ovary removal - protection against ovarian, uterine and breast cancer - was outweighed by increased mortality from other causes. As a result, longevity was cut short in women who lost their ovaries before the age of 50 compared with those who kept their ovaries for at least 50 years.

"For the last 35 years, most doctors have been routinely advising women undergoing hysterectomy to have their ovaries removed to prevent ovarian cancer," Parker said. "We believe that such an automatic recommendation is no longer warranted." Waters believes it boils down to systems thinking. "Nobody would argue that taking the caterpillars out of an environment does not change that environment in unforeseen ways," he said. "You're not simply left with the old environment minus caterpillars. Likewise, we are dealing with an ovarian ecology that urges us to pause and consider the long-term health consequences of taking out ovaries."

Taken together, the emerging message for dogs and women seems to be that when it comes to longevity, it pays to keep your ovaries. "What we have here is a compelling convergence," Waters said. "The data from women and dogs, together with reported longevity benefits from ovary transplants in mice, are pointing in the same direction - the notion that a network of processes regulating longevity is under ovarian control."

Parker believes the results point to a need for a new conversation between patient and doctor, framed by the patient's specific risk factors and personal concerns. Waters concurs. "In this era of personalized medicine, it seems only fitting that we should be directing the conversation about elective ovary removal in women and dogs toward a more forward-looking, individualized script," Waters said.

#### About the Center for Exceptional Longevity Studies

The Center for Exceptional Longevity Studies seeks to identify important genetic and environmental determinants of healthy longevity and to better understand the complex relationship between aging and cancer. While the scientific community looks for reliable research approaches to verify exciting scientific leads, we see enormous value in studying pet dogs living with their owners as a virtual aging laboratory. There is a big payoff for validating this kind of innovative thinking - an opportunity to promote healthy longevity in both pets and people. The center and its research are supported by P&G Pet Care, makers of Iams and Eukanuba, and the Rottweiler Health Foundation. The research is conducted jointly by the Murphy Cancer Foundation and Purdue University.

#### About Purdue Research Park

The 725-acre Purdue Research Park has the largest university-affiliated business incubation complex in the country. The park is home to more than 160 companies. About 100 of these firms are technology-related and another 39 are incubator businesses. The park is owned and managed by the Purdue Research Foundation, a private, nonprofit foundation created to assist Purdue University in the area of economic development. In addition to the Purdue Research Park in West Lafayette, the foundation has established technology parks in other locations around Indiana including Indianapolis, Merrillville and New Albany.

#### Link to the Purdue Research Park

http://www.purdueresearchpark.com

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